City of Alexandria, Virginia

# Recreation, Parks and Cultural Activities

September 13, 2018



## Why natural areas are important



- Cleans the air, water
- Biodiversity
- Water bio-retention
- Pollinator food and habitat
- Primary food chain food source
- Social and health benefits
- Wildlife habitat



#### **Natural Areas**



Kirsten Werner, communications director at Natural Lands Trust, recently shared the following statistics:

Americans spend approximately \$40 billion a year to maintain more than 32 million acres of lawn – an area roughly the size of Pennsylvania. We pour 270 billion gallons of water per week on our lawns. We apply 10 times more fertilizer, herbicides and pesticides than farmers do to their crops. And a typical gas lawn mower emits about the same quantity of volatile organic compounds in one hour as a car driven 350 miles.

### Connections



- Environmental Action Plan
- Eco-City Charter
- Chesapeake Bay Protection Act
- Natural Resource Mgmt. Plan
- RPCA Strategic Plan
- Open Space Plan
- Landscape Guidelines



#### **Examples**



- Four Mile Run Park
- African American Heritage Park
- Beatley Library Meadow
- Duke/Telegraph Interchange
- Windmill Hill Park
- Hammond School Meadow
- George Mason Park
- Fort Ward





Four Mile Run



## **Examples**



Hammond School Meadow







Telegraph & Duke



### **Site Selection**



- Community Needs Assessment Survey
- Historic field
- Site size
- Water bodies
- Biodiversity
- Accessibility/visibility
- Connectivity to greenways/parks/natural areas
- Trail opportunity



#### **Restoration Process**



#### Evaluation

- Soil & geology
- Plant selection (Right Plant, Right Place)
- Implementation
- Evaluation and adjustment
- Invasive control
- Education and interpretation



- Spotted Bee Balm
- Butterfly Weed
- Swamp Milkweed
- Narrow-leaved Mountain Mint
- Joe Pye Weed
- Early Goldenrod
- Broadleaf Ironweed



Wild Bergamot





Swamp Milkweed, Narrow-leaved Mountain Mint





Butterfly Weed





Partridge Pea







- Increase biodiversity
- Increase pollinator food source
- Provide environmental educational opportunities
- Natural surface trail opportunity
- Carbon sequester
- Water bio-retention
- Habitat restoration
- Sustainable landscape

### **Information/Proposal**



- Nov/Dec 2018 plant native plant plugs; goal of 3season color and pollinator interest; invasive plant control
- Mar/Apr 2019 control emergent invasive plants; overseed and supplemental planting of pollinator plants
- May/June 2019 interpretive signage along trail
- June/July/August 2019 environmental education programming

#### **Natural Resources**



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