

KNOW WHAT TO DO IN THE EVENT OF AN OPIOID OVERDOSE



WHAT ARE OPIOIDS?

Opioids are a class of highly addictive drugs used to reduce pain. They include prescription opioids like oxycodone, hydrocodone, morphine and fentanyl as well as illegal opioids like heroin.



OVERDOSE SYMPTOMS

PALE FACE

LIMP BODY

BLUE-ISH LIPS OR NAILS

VOMITING OR GURGLING

DROWSINESS OR UNCONSCIOUSNESS

SLOW BREATHING OR HEARTBEAT

MUSCLE SPASMS

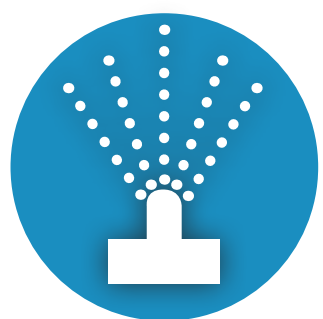


HOW TO RESPOND TO AN OVERDOSE

CALL 911 – DO NOT WAIT!

HELP WILL COME IMMEDIATELY!

FIRST RESPONDERS WANT TO SAVE LIVES AND HELP PEOPLE RECOVER



HELP SAVE LIVES: GET FREE NARCAN!

Naloxone (Narcan) can save the life of someone who is overdosing, if given in time. It is available without a prescription for a fee at all pharmacies. Obtain it for free at all Alexandria Health Department locations, including the main office (4480 King St.), Casey Clinic (1200 N. Howard Street) and the Teen Wellness Center (3330 King Street). Anyone who assists a person in need is protected from liability by the Good Samaritan Law.



NEED HELP?

If you or someone you care about needs help with addiction, call the Department of Community and Human Services anytime at:

ALEXANDRIA RESIDENTIAL TREATMENT CENTER | 703.746.3636

Call 24/7. Residential services for persons wishing to stop using drugs or alcohol.

OPIOID TREATMENT PROGRAM | 703.746.3610

Intake line for persons who wish to stop using heroin and/or other opioids.

TTY | VIRGINIA RELAY 711 (24/7)



WWW.ALEXANDRIAVA.GOV/OPIOIDS

