

ALEXANDRIA COMMISSION ON AGING MEETING AGENDA

Virtual Meeting: Thursday, November 11th, 2021; 4pm

This meeting is being held electronically, unless a determination is made that it is safe enough to be held in person at a location to be determined. Electronic access will be provided in either event. The meeting can be accessed by the public through the Zoom link or phone number provided below. Public comment will be received at the meeting. Public comments can also be sent to daas@alexandriava.gov in advance of the meeting. Please indicate that your comments are for a meeting related to the Alexandria Commission on Aging in the subject line. A recording will be made of this meeting.

https://zoom.us/webinar/register/WN_5Vq0LkPxQuOmt1DgON4WjQ

Meeting ID: 935 7751 7116

Password: 251935

Phone In number: 301-715-8592

MEMBERS: Please read through the Agenda and have available for reference at the meeting.

1. Call to Order
2. Welcome new COA member, Gerri Wallace
3. Approval of Agenda
4. Approval of October 2021 minutes
5. Alexandria Police Department Liaison Report – Sgt. Ian Torrance
6. Special Presentation: Marjorie Conner, Barbara Huelat, Amy Goyer – Caregivers’ Perspectives
7. Executive Committee Report– see attached
8. Discussion / Action Items
 - A. COVID-19 vaccinations updates – booster shots: Victoria Almquist
 - B. November 4th Arlington – Alexandria COA Legislative Forum
 - C. Appointment of COA members to committees
 - D. Appointment of Michael Schuster as liaison to Arlington Legislative Committee
9. **Liaison Reports - Please provide a written summary to Debbie.ludington@alexandriava.gov**
 1. Division of Aging and Adult Services – Terri Lynch
 2. INOVA Alexandria Hospital
 3. Human Rights Commission – Lynette Foster
 4. AHA – Bob Eiffert
 5. AARP – Jane King
 6. NVAN – Babs Waters / Terri Lynch
 7. St. Martins Senior Center – Anne Coyne– see attached
 8. Virginia Hospital Center – Kate Chutuape
 9. Commission for Women – Jenn Stowe
 10. Partnership for a Healthier Alexandria
 11. Public Health Advisory Commission
 12. Commission on Persons with Disabilities – Michael Kamin
 13. Senior Center @ Charles Houston — see attached
 14. Senior Services of Alexandria – Mary Lee Anderson– see attached
 15. Alexandria Commission on Employment, ACE – Mary Lee Anderson

16. Northern Virginia Falls Prevention Alliance, NVFPA – Mary Lee Anderson
17. Arlington Legislative Committee – Michael Schuster
18. Arlington Commission on Aging – Linc Cummings
19. Successful Aging – Margaret Orlando
20. Recreation, Parks and Cultural Activities – Margaret Orlando
21. Alexandria Adult Day Services Center, ADSC – Darrell Wesley
22. Housing Affordability Advisory Committee, AHAAC – Jan Macidull

10. Committee Updates

1. Housing – Chair, Michael Schuster – see attached
2. Outreach Committee – Co-Chairs, Victoria Almquist and Asfaha Beyene – see attached
3. Transportation – Chair, Ray Biegun – see attached
4. Economic Development – Chair, Mary Lee Anderson – see attached
5. Strategic Planning – Chair, Babs Waters
6. Health /Dementia Friendly Committee – Chair, Marjorie Conner
7. By-Laws – Chair, Michael Kreps
8. Advocacy – ad hoc

11. Other Business

12. New Business

13. Public comments – please limit your comments to 3 minutes

Next Commission Meeting: Virtual Meeting; Thursday, December 9th, 2021, 4pm

Next Executive Committee Meeting: Virtual Meeting; Monday, November 29th, 2021, 1:30pm

COMMISSION OFFICERS:
 Babs Waters, Chair
 Barbara D’Agostino, Vice Chair
 Secretary, Michael Schuster

The business of the Commission on Aging is largely conducted by its committees. ALL COMMISSION AND COMMITTEE MEETINGS ARE OPEN TO THE PUBLIC. Please call the Division of Aging and Adult Services at 703.746.5999 for more information. In addition, the Commission has official liaisons with several other commissions, organizations or activities.

The City of Alexandria complies with the terms of the Americans With Disabilities Act (ADA). An individual with a disability who wishes to request an accommodation may contact the Division of Aging and Adult Services at 703.746.5999, email DAAS@alexandriava.gov

Visit the Division of Aging and Adult Services website for Commission on Aging agendas and minutes and other aging information: www.Alexandriava.gov/aging

**Alexandria Commission on Aging (COA)
Executive Committee (ExCo) Meeting (Virtual via Zoom)
Monday, November 1, 2021 1:34 - 2:40 PM**

This meeting was held electronically. A determination was made that it was not safe enough to be held in person.

MEETING NOTES

Members Present:

Barbara “Babs” Waters (COA Chair), Barbara D’Agostino (COA Vice Chair), Mary Lee Anderson, Raymond “Ray” Biegun, Marjorie Conner, Michael Schuster

Staff Members Present:

Debbie Ludington, Terri Lynch

Guests Present:

Jane King, Bob Eiffert

1. **Welcome**
2. **Call to Order:** COA Chair, Babs Waters called the meeting to order at 1:34 PM.
3. **The Agenda was approved.**
4. **Committee Reports** (see individual Committee Meeting Notes)

A.	Economic Development Committee	Mary Lee Anderson, Chair. Meets 1st Wednesday, 10am
B.	Outreach Committee	Victoria Almquist (co-chairs). Meets 4th Wednesday, 11:30am.
C.	Housing Committee	Michael Schuster, Chair. Meets 3rd Monday, 1:30 pm
D.	Strategic Planning Committee	Babs Waters. All committee chairs are members.
E.	Transportation Committee	Ray Biegun, Chair. Meets 3rd Monday, 4:30pm.
F.	Health/Dementia Friendly Committee	Marjorie Conner, Chair. Meets as needed.

5. COA Executive Committee (ExCo) Business Meeting

A.	Presentation - None
B.	ExCo Information only
(1)	Chair Report.
(a)	COVID-19 vaccinations updates
(b)	November 4th Arlington – Alexandria COA Legislative Forum via Zoom.
(c)	Age Friendly Social Innovation Challenge – Jane King. On October 27 GWU (with an AARP Challenge Grant) hosted a webinar to present shared “moon shot” strategies for building the age-friendly infrastructures we will need over the next 25 years to improve the lives of all residents. The five Age-Friendly municipalities of Alexandria, Arlington, the District of Columbia, Hyattsville, and Montgomery County collaborated with GWU in the months preceding the webinar.
(d)	Age Friendly Plan - Jane King. The current June 2018 Age Friendly Plan covers the years 2019-2021. All committees will need to complete an evaluation of our three-year domain accomplishments for the current plan (Goals, actions, accomplishments, obstacles, and what we were not able to accomplish). After that,

	an updated plan can be submitted to AARP for the years 2022-2024. We are looking at submitting a City approved updated plan by early spring 2022. Jane shared that we have been doing our planning with unpaid volunteers and said that DC and half of the age friendly communities in the country have paid staff working on their planning. Kudos to past and present COA and COA committee members.
(e)	NVAN is having a virtual meeting with Virginia state Senator George Barker on November 5 at 2:00 PM to discuss NVAN's legislative priorities.
(2)	DAAS Staff Report

C.	ExCo Discussion Items
(1)	Request from Alexandria Housing Affordability Advisory Committee (AHAAC) for COA liaison replacement.
(2)	Appointment of members to COA Committees.
(3)	Appointment of Michael Schuster as liaison to Arlington Legislative Committee.

D.	ExCo Action/Decision Items - None
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6. Planning for Thursday, November 11, 2021 Commission on Aging Meeting

A.	Presentation
(1)	Marjorie Connor and colleagues: A caregiver perspective – how we can help caregivers.
(2)	Q & A
B.	COA Information only Items
(1)	Chair Report (a) COVID-19 vaccinations update (b) November 4 th : Arlington – Alexandria COA Legislative Forum via Zoom.
(2)	DAAS Staff Report
C.	COA Discussion only Items
D.	COA Decision only Items
(1)	Appointment of members to COA Committees
(2)	Appointment of Michael Schuster as liaison to Arlington Legislative Committee

7. Planning for future COA meetings

A.	Possible Future Speakers
(1)	December: Councilwoman “Del” Pepper
(2)	January: Terri Lynch, Director, DAAS
(3)	February: TBD
B.	Additional items - Please submit other proposed speakers to babswaters@comcast.net

8. Other Business – None.

9. Announcements

A. Next two (2) COA Executive Committee (ExCo) Meetings

(1)	Date: Monday, November 29, 2021 Time: 1:30 PM – 3:30 PM via Zoom
(2)	Date: Monday, January 3, 2022 Time: 1:30 PM – 3:30 PM via Zoom

B. Next two (2) COA Monthly Commission Meetings

(1)	Date: Thursday, December 9, 2021 Time: 4:00 – 6:00 PM via Zoom
(2)	Date: Thursday, January 13, 2022 Time: 4:00 – 6:00 PM via Zoom

C. Other Alexandria COA events

	None
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D. Other non-Alexandria COA events

(1)	Arlington-Alexandria COA Legislative Forum Date: Thursday, November 04, 2021 Time: 9:30 – 11:30 AM via Zoom Hosts: Alexandria & Arlington COA's
(2)	NVAN Meeting Date: Tuesday, November 16, 2021 Time: 9:30 – 11 AM via Zoom Host: Prince William County COA

10. Public Comment – None.

11. The meeting was adjourned by Babs Waters at 2:40 PM.

(Notes prepared by Ray Biegun.)

St. Martin de Porres Senior Center COVID-19 Report November 2021

We closed out the month of October with a flurry of activities as we look forward to reopening and improve comfort measures. To prepare for the long awaited and anticipated senior center reopening. Our focus is a safe reopening adhering to COVID-19 health screening. The wellness checks continue, and we continue to do outreach for the seniors in meeting basic needs delivering vegetables/herbs from the garden and bread donations. The seniors report doing well and are hopeful for reopening. We handed out activity kits for homework and included recipes from volunteers, seniors and Chef Phillippe. Also, we continued to partner with Patrick Henry Recreation Center for the outdoor weekly senior Pop Up exercise and crafts classes as well as Walk and Fit at Ben Brenman park. These outdoor activities have been well received by the participants. We have also helped the seniors register for their COVID-19 booster vaccines especially now as many seniors received the Moderna vaccine. We will continue assisting seniors when we are open.

Senior Wellness Checks and Assistance for Participants during the month we -staff continues weekly outreach wellness telephone checks for our seniors fielding calls and questions. Overall, the seniors report they are doing well and the few we haven't heard from we contact family members and the DAAS. Also, we continued weekly telephone calls to assist with the following services:

- Weekly shopping trips
- Promoting and transporting weekly to the Walking Club at Ben Brenman Park
- Participating at Patrick Henry Recreation Center's Senior Pop Up exercise and crafts
- Autumn activity kits, food deliveries of oatmeal, bread, fruit, herbs, flowers and vegetables the garden
- Distributed acorn squash, zucchini, various peppers and eggplant. Continued weeding and watering the garden as well as distributing herbs.
- Virtual programs such as robust Zumba, AFE classes, and Zoom SAIL exercise.

Senior Shopping Trips: This month the seniors participated in weekly shopping trips. Seniors requested weekly trips to Walmart and Family Dollar Store, LA Mart and Landmark Plaza.

Senior Newsletters: Mailed 80 monthly newsletters to seniors with community and center updates, recipes, Coronavirus Q&A, and birthday greetings.

Weekly Virtual Newsletter: Emailed 80 weekly newsletters to seniors/their family's information pertaining relevant information from SSA and the community to keep them informed of happenings around the city and educational programs online.

Virtual Programming: SMdP seniors continue to participate in Alexandria's Adult Day Services Center (ADSC) virtual programming along with Charles Houston Senior Center participants in their AFE exercise classes. Everyone enjoys the fellowship with other senior programs in the city.

- **Submitted by Anne T. Coyne, Senior Center Director, St. Martin de Porres Senior Center. Tele: 703-751-2766. Email: anne.coyne@ccda.net**

The Senior Center at Charles Houston
October 2021 Report for November 2021 Meeting

Staff continue to provide weekly wellness telephone checks, weekly teleconference & Zoom virtual activities. Virtual activities include Bingo and cognitive/brain teaser exercises (i.e. scavenger hunt, geography, general and television trivia, word search, word scramble and rebus puzzles). Our Wednesday and weekly schedule have been revised to include virtual wellness/informative presentations such as cooking demonstrations, osteoarthritis treatment and COVID booster information. Houston staff continue to coordinate with the other two senior sites (St. Martin's and ADSC) for combined virtual cognitive and physical activities. Additionally, a weekly Thursday shopping trip to local area markets, grocery's, Walmart and Dollar Tree stores enable participants to purchase food, medical and household items is provided to our clients.

Our weekly Monday Walk Club @ Belle Haven park continues in "full swing mode" with an average number of 8 participants consistently walking, as well as twice monthly Zoom Arthritis Exercise classes remain steady with a monthly average of 13 duplicated participants.

During the month of October our seniors enjoyed a recent visit to a pumpkin patch and produce farm in Maryland (see attached photos), as well as a virtual cooking demonstration by Chef Philippe. In observance of Breast Cancer Awareness Month, a wellness presentation by Giant Pharmacist Arzu Moosvi.

Our seniors continue to do well in spite of the ongoing pandemic. Their daily needs seem to be met and if a situation arises that they're unable to handle, center staff direct and oftentimes guide them to the correct service provider/resource.

Submitted By:

Vanessa K. Greene
Senior Center @ Charles Houston Director

Pumpkin Patch Pics





November 3, 2021

To: Commission on Aging
From: Mary Lee Anderson, Executive Director
Senior Services of Alexandria
Subject: Update on Senior Services of Alexandria

Senior Services of Alexandria (SSA) is hosting a virtual “Senior Living in Alexandria” workshop on **“Tracing Your Roots Through Genealogy”** on Thursday, November 18th at 10 am via Zoom. This is a popular topic for older adults who have retired and have the time to learn about their family history. The internet has made researching and creating a family tree more accessible than ever before. SSA is fortunate to have as its speaker for the November 18th session Stephen Hammond, a family historian in the Northern Virginia area. His goals are to educate and inspire others to research and document their own family history. It is a free session by zoom, and open to the public. To register go to www.seniorservicesalex.org, or call 703-835-4414, ext. 110. You will receive the zoom link the week of the workshop.

SSA welcomed volunteers to our second “Drive-Thru” Volunteer Appreciation event. City staff and officials joined SSA Board members and staff to say thank you to the many individuals who helped deliver meals and groceries, provide companionship, and share information for our community. Everyone received a delicious boxed lunch prepared by Jeffery’s Catering (the caterer for Meals on Wheels!) and a special sweet treat from MB Bakery. We hope to be in-person again in 2022, but it was certainly great to see everyone- however briefly!

Commission on Aging Housing Committee Meeting of October 18, 2021
Via Zoom
Draft Meeting Notes (10/18/2021)

Attendance:

Committee Members: Michael Schuster, Chair; Charles Bailey, Marshall Hespe, Jane King, Jan Macidull, Lois Steele, and Babs Waters.

Staff: Terri Lynch, Division of Aging and Adult Services.

Welcome – Michael Schuster opened the meeting and participants introduced themselves.

Review and Approval of the Agenda – The agenda was approved as submitted (no vote required).

Review and Approval of the September 27, 2021 Meeting Minutes. The minutes were approved as presented (no vote was necessary).

Updates:

1. Presentation on potential Senior Assisted Housing at the Old Power Plant.

Jan Macidull gave a brief update on plans for developing the land comprising the old power plant in North Alexandria. She said that there are two parcels of land involved in the 18 acres of the older power plant. A portion of the land will be used by Pepco for power transmission purposes. Most of the land will be developed by a Chicago Developer, Hillco Properties, which is being represented by attorney Mary Katherine Gibbs. The development will occur in phases. Concept One was filed at the end of August. Jan said this is a good time to involve the CoA in promoting affordable assisted living on this site. According to Jan, the East and North portions of Old Town Alexandria have a high percentage of older persons, so this project presents an excellent opportunity for us to advocate for affordable housing options. At this point, the plans are general but will become more granular as the developer moves onto the later phases.

2. Proposed goals for new Age Friendly Plan – Jane King and Lois Steele.

The following changes were made in the draft goals: 1) in goal one, when the word “facility” appeared, it was made plural – “facilities;” 2) in goal one, at the end of the action section, the following was added, “to include resources for funding;” 3) the third goal was revised to read, “Prevent the unnecessary or unwanted institutionalization of older adults who could and would prefer to remain in their homes or in the community for as long as possible;” 4) the objective under the third goal was rewritten to read, “Increase Alexandrians’ awareness of available programs and services supportive of older adults and adults with disabilities as well as their caretakers”; 5. The first action under the third goal was rewritten to read, “Support public and private providers, and NORCs in their information and service outreach efforts to reach vulnerable adults and their caretakers; and to support budget proposals that would increase and expand funding for programs providing

personal assistance with activities of daily living.” Lois suggested that the outcome for the third goal could be rewritten as, “There will be increased funding for services supportive to older adults and their caretakers including the funding of services that educate at risk older adults and assist them in accessing available support services to enable them to live in their homes and/or to find safe and secure living facilities.”

Other Business – Jane King reported that she has had contact with the home sharing program, Silver Nest, and that there was no home sharing in Alexandria at this time. She agreed to recruit a speaker from the program for our next meeting.

Adjournment – the meeting adjourned at 2:15 p.m.

Next Committee Meeting: Monday, November 15, 2021 at 1:30 p.m. via Zoom.

Notes prepared by Michael Schuster.

City of Alexandria, Commission on Aging
Outreach Committee Notes
October 27, 2021 11:30 a.m.
Via Zoom

Members Present: Asfaha Beyene, Ray Biegun, Gary Hacker, Margaret Orlando.

Absent: Victoria Almquist, MaryAnne Beatty, Barbara Waters, Jane King, Dawn Higgins

Hosting staff: Pamela Austin

The meeting was called to order at 11:32 a.m. by Asfaha Beyene, and was conducted in conformity with the following guidelines:

“Due to the COVID 19 pandemic emergency, this meeting is being held electronically pursuant to Virginia Code Section 2.2-3708-2 (A)(3), the Continuity of Government ordinance adapted by the City Council on June 20, 2020 or Sections 4-0.00(g) in HB29 and HB30 to undertake essential business. All the members of the Committee and staff are participating from remote location through a Zoom Meeting. This meeting is being held electronically, unless a determination is made that it is safe enough to be held in person at a location to be determined. Public comment will be received at this meeting. A recording of this meeting is being made.”

1. Approval of Agenda

The agenda was approved as proposed.

2. Updates on Outreach to:

Faith Community: Local churches are beginning to get back to their normal services. Information concerning COVID vaccine and other related services need to be made available and written materials must be restocked at worship centers. However, since church attendance has dropped by about 30 per cent, there may be a need to expand our outreach efforts to individuals at their homes and senior living facilities.

LGBTQ community: No new updates.

Senior Ambassadors: MaryAnne Beatty submitted the following information by e-mail: “We had training last month for up to 95 ambassadors. We have lost a few. We are continuing our weekly zooms with interesting speakers and twice a week messages”.

3. Discussion of progress on getting contacts at senior facilities

Victoria had distributed a spread sheet reflecting a list of senior facilities, requesting members to search and complete the addresses of each facility. Gary and Ray will send

e-mails reflecting full addresses of some facilities, and Pamela will update the spreadsheet based on their input.

The letter on bullying from the Outreach Co-chairs to senior facilities has already been finalized.

It was reiterated that Margaret will distribute the letter to recreation centers as agreed earlier.

4. Reinvigoration of Outreach activities

At an earlier meeting, discussions were held on how to reinvigorate our outreach efforts and the topics/issues that we should be emphasizing. A few suggestions were made.

At this meeting it was agreed that we need to assess the progress made so far before we take any other initiative.

5. Public comments

No comments were made

6. Date of next meeting

Next meeting will be held on Wednesday, 24th November, 2021 at 11:30 a.m. An option was offered to change the date as it falls just before the Thanksgiving. However, all members agreed that we should stick to the date.

7. The meeting was adjourned at 12:20 p.m.

Commission on Aging – Transportation Committee

October 18, 2021 4:30 PM Via Zoom

Meeting Notes

Members: Babs Waters (COA Chair), Cedar Dvorin, David Kaplan, Jane King, and Charles Bailey

Staff: Debbie Ludington (DAAS)

Introductions: None required.

Review and Approval of the Agenda – The agenda was approved.

Discussion

--David Kaplan facilitated the meeting.

--Jane King gave an overview of the process for committee updates to the goals and objectives of the Age Friendly Community Plan

--The committee reviewed the three transportation goals identifying accomplishments and revisions for the next version of the Plan

1) **Vision Zero**

a) COA completed its own walkability audits with AARP. Follow up with T&ES to identify how many walk audits city staff did between FY 19 and 21 which will be included as a plan accomplishment,

b) COA has an ongoing relationship with a police liaison who briefs the Commission on traffic safety issue

c) Participation by COA members in BPAC and AFSS meetings and activities.

d) Installation of Mobile Eye on some DASH buses (a camera that identifies pedestrian or bicycle obstacles within a blind spot. Sounds an alarm if bus continues to move closer to the pedestrian or cyclist)

General accomplishments –

a) COA provided input on and endorsed the Alexandria Mobility Plan.

b) Near miss crash reporting is provided by AFSS with inputs shared with the police and T&ES to identify and mitigate hazards.

Actions for next plan –

- a) COA will monitor the implementation and performance of the Mobility Plan.
- b) Promotion of AARP's Safe Driver Program.

2) **Walking and Biking Goal**

- a) Identify combined total of walk audits conducted by COA, City staff, BPAC, and AFSS.
- b) COA members participated in bike rodeos organized by BPAC to teach children bike safety skills.
- c) Bicycle safety clinics and classes available to adults in Alexandria through the Washington Area Bicyclist Association.
- d) The state legislature changed the yield to pedestrians in crosswalks to require a full stop. COA members assisted BPAC in reviewing and updating signage at intersections.

3) **Transit Goal**

- a) Representation by COA on the ATV Stakeholder Group.
- b) Multiple briefings by DASH staff on development of ATV and implementation of the New DASH Network.
- c) COA member serves as chair of the board of directors that oversees the DASH Bus system.
- d) New DASH Network provides significant benefits to older adults, people of color, and low income communities with more frequent all day bus service serving these communities.
- e) Elimination of fares on DASH bus further improves equity and transit access.

Other Business: The committee recommended scheduling a presentation for the full Commission in early 2022 on the DOT and MetroAccess programs. David will ask Hillary Orr to contact Babs to schedule.

Public Comment: None.

Adjournment: Meeting adjourned at 5:30 PM

The next meeting: Monday, November 15, 2021, 4:30 PM via Zoom.

Minutes from October 6, 2021 meeting of the Economic Development Committee

Attending: Sandy Freedman; Jane King; Jim Lindsay; Annabelle Reitman; Emilia Turcios (City Staff Coordinator). Gerri Wallace, Guest. Absent: Mary Lee Anderson; Sylvia Benatti; Babs Waters

The meeting began at 10:08 a.m.

It was noted that Committee meetings continue via Zoom.

Senior Consumers. No update.

Senior Employment. *Goal is to help seniors find employment and to encourage businesses to hire.* Emilia Turcios reported that the Workforce Development Center will be having new workshops for the 50+ community. November saw a higher volume, fizzled during summer, and anticipate an increase with the new workshops. Annabelle Reitman noted that she and Sylvia Benatti are still hopeful to participate in a resume workshop.

Emilia Turcios announced her departure. Salvador "Sal" Amado, WDC Partnership Manager, will be taking over.

Seniors as Entrepreneurs. Annabelle Reitman expressed continued frustration with the IRS. The three-year proposed budget was submitted with confirmation that it was received, but no further word. The advocate who she and Sylvia have been working with is optimistic, but until it's in writing, they can't proceed further. If no IRS response by Friday, Sylvia will call their advocate. In the meantime, they have their website pages planned out and are discussing launch plans. Jim Lindsay offered workspace. They might have assistance from a referral who has a master's in entrepreneurship.

SNAP for Seniors. Sandy Freedman reported that new SSA staff member, Margaret Shetler, has made several connections, including with Casa Chirilagua, DCHS, Neighborhood Health, WDC staff, to work together to coordinate outreach to the senior community to communicate recent SNAP benefits increase and encourage seniors to apply for benefits, or to reapply if they've previously applied but were denied benefits, given these new benefits increases.

Livable Community Plan. Jane King discussed a project sponsored by George Washington University and supported by a grant offered by AARP, the result of which will be a regional age-friendly network with the appropriate age-friendly planners' involvement. A conference is planned for October 27 to devise strategies for communities to use. Jane is representing Alexandria in planning for the October 27 meeting. Jane is preparing a 150-word overview of Alexandria's role on economic development and has found an earlier paragraph on WDC's role particularly helpful and asked Emilia Turcios to provide the number of training sessions that have been provided. Jane anticipates the conference to be interesting in the context of (1) recommendations from experts about community planning relevant to older adults, and (2) its intergenerational approach. GW students will be engaged.

Jane further noted that the City's Age-Friendly Plan expires in December and, while not necessarily needing to reinvent the wheel, anticipates a substantial re-write. She commended Councilmember Del Pepper's initiation of the WDC program.

Public Comment. Regular Committee guest Gerri Wallace reported that she submitted an application for a slot on Alexandria's Commission on Aging, and her application was rejected. She remains hopeful, and in the meantime, she's interested in being a Senior Ambassador.

The meeting was adjourned at 10:29 a.m.

The next meeting will be held Wednesday, November 3, at 10:00 a.m. via Zoom.

Submitted by: Sandy Freedman